

NEOMED STUDENTS!

May 7th – May 11th

Monday: Free Chair Massages

11 a.m. to 1 p.m.

No registration

First come-first served

Tuesday: Wags for Wellness

Therapy Dogs

12 p.m. to 1 p.m.

Wednesday: VRev Virtual Revolution

Games, Experiences, Exercise, Education

Open from 11 a.m. to 2 p.m.

No registration

First come-first-served

Thursday: Be a SMART Cookie Day

Decorate your own cookie!

12 p.m. to 1 p.m.

Friday: Student 2 Student Day

Stress Less Grab Bags

11:30 a.m. to 1:30 p.m.

All activities in the area outside the Watanakunakorn Auditorium. Virtual Reality held in NEW Center Room 2016 and sponsored by the Office of Diversity, Equity, and Inclusion.



DESTRESS

FEST

Presented by:
THE CENTER
FOR STUDENT
WELLNESS &
COUNSELING
SERVICES