



OHIO PROGRAM *for*
**CAMPUS SAFETY
& MENTAL HEALTH**
A NEOMED CCoE

OPCSMH 2025-2026 Webinar Series

THE DIGITAL DILEMMA: EXPLORING STUDENT LONELINESS, MENTAL HEALTH, AND WELLBEING IN THE AGE OF SOCIAL MEDIA AND AI

As Artificial Intelligence accelerates, human wellbeing is falling behind. In this transformative session, Dr. Nick Pinkerton explores "The Great Divergence"—the widening gap between our technological capabilities and our mental health and flourishing. Beyond simple screen-time warnings, this presentation offers a roadmap to reclaiming connection and purpose, empowering participants to become "Cultural Architects" who build human-first zones in a digital-first world.

TIME

January 27th, 2026

12:00pm-1:00pm EST

SPEAKER

Nick Pinkerton, PsyD, Associate Dean of Counseling Services and Wellbeing, Southern Connecticut State University



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Questions?

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