

# Reserve your spot today! Space is limited!

# MENTAL HEALTH FIRST AID

## For Higher Education

When: April 30<sup>th</sup>, 2026  
Time: 9:00AM-4:30PM



.....

Mental Health First Aid is an early intervention public education program. The Mental Health First Aid for Higher Education course builds upon the effectiveness of the standard Mental Health First Aid curriculum by focusing on the unique experiences and needs of individuals in higher education settings.

Live virtual course - participation requires access to camera, a stable Wi-Fi connection, chat, audio, and a mic



### Participants will learn to:

- Recognize signs and symptoms of a potential mental health challenge
- Listen nonjudgmentally
- Give reassurance
- Refer a person to appropriate professional support and services

Register:



FAQ:



This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the sponsorship of Northeast Ohio Medical University and the Department of Psychiatry. Northeast Ohio Medical University is accredited by the ACCME to provide continuing education for physicians.

## Free registration!

Contact Us:

 [opcsmh@neomed.edu](mailto:opcsmh@neomed.edu)



OHIO PROGRAM for  
**CAMPUS SAFETY  
& MENTAL HEALTH**  
A NEOMED CCoE