

RECOVERY ZONE

\$ 1 5 F O R 1 0 M I N U T E S

LOCATED IN FRONT OF LOCKER ROOMS

**THURS. MAY 7
9:30 AM - 11:30 AM
W/ KRYSTAL**

RECOVER YOUR MUSCLES WITH ANY OF THESE SPA MODALITIES

**DEEP TISSUE MASSAGE
HOT STONE THERAPY
CUPPING THERAPY
THAI MASSAGE
THERAGUN**

 **SEQUOIA**
WELLNESS

REGISTER ON THE APP
OR AT THE FRONT
DESK!